

The Apple in The Bible

As the apple-tree among the trees of the woods,
So is my beloved among the sons.
I sat down under his shadow with great delight,
And his fruit was sweet to my taste. - Song of Solomon 2:3

Keep me as the apple of the eye, hide me under the
shadow of thy wings. - Psalm 17:8

Apple trees can grow from a seed, but the fruit can be a different variety than that from which the seed came from. Apples grow from white or pink blossoms. Apples are a hard fruit and easily stored. There are hundreds of different varieties of apples. Apples can flourish in cold and temperate climates. Contrary to popular belief, the fruit eaten by Adam and Eve (see Genesis 3) was not specified as an apple. The Bible refers to it as “the fruit of the tree in the middle of the garden”. Never does it state that the fruit was an apple, though it is usually depicted as such.



Carbonized remains of apples have been found by archeologists in prehistoric lake dwellings in Switzerland, dating back to the Iron Age. There is also evidence to show that apples were eaten and preserved by slicing and sun drying during the Stone Age in Europe. In earliest writings of China, Egypt, and Babylon, records were found that mentioned that man understood the art of budding and grafting fruit trees as long as twenty centuries ago.

- *Anna Sophie Yaworski*