

SOFTBALL REGULATION

| EQUIPMENT | FACILITIES | SPECIAL RULES/ INSTRUCTION | SUPERVISION |
|--|--|--|-------------------------------------|
| ALL GRADES | | | |
| <p>Use bats that are uncracked with an adequate grip.</p> <p>Ensure that back catcher wears a mask and a helmet.</p> <p>Require batters and base runners to wear helmets.</p> <p>Require umpire to wear a mask.</p> <p>Suggest that umpire wears shin guards and a chest protector for added protection.</p> <p>Have fielders wear gloves.</p> | <p>Inspect the field for hazards: holes, glass, rocks, and slippery, muddy spots.</p> <p>Use a playing field that is away from open roadways so that players don't run into traffic.</p> <p>Report holes and severely uneven surfaces to the principal and make students aware of them.</p> <p>If more that one activity is going on, insure that a safe distance exists between the activities.</p> | <p>Teach skills in proper progression.</p> <p>Teach players to lay down or drop the bat after hitting, not release it during the follow through of the swing.</p> <p>Require non-fielding players to stand well back (10 m or more) of the batter's box or behind a screen or fence. (Keep fingers away from the screen.)</p> <p>Have umpired stand behind the pitcher or outside the baselines.</p> | <p>Provide on-site supervision.</p> |