

HEALTH EDUCATION

Health Education is a required course in the curriculum.

Please refer to the Department of Education Administrator's Handbook for the specifics about the following curriculums:

Health - Grades 1-5

Health - Grades 6-9

Health is provided through the Grade 9 Physical Education, Wellness 10 and Physical Education 20/30 programs.

*Various Professional Development and Personal Development Safety Courses are available throughout the school year in the health area. These include Nutrition, Eating Disorder and other health related workshops. Information is circulated regularly.