

SASKATOON CATHOLIC HIGH SCHOOLS PERSONAL PROGRAM PLAN (2000 - 2001)

NAME: MICHELLE QUINTOWSKI		BIRTHDATE: May 15, 1985	AGE: 14
SIN #: 643-421-681	HOSP. #: 413-217-230	DESIGNATION: Multiple Disabilities	
PARENT/GUARDIAN: Shirley and Greg Quintowski			ADDRESS: 440 Sweet Street West
HOME PHONE: 555-1222	WORK PHONE: Mom - 661-2777 Dad - 672-1234 Cell - 222-1777	CONTACT: Martha Helper (221-4730)	
RELIGIOUS AFFILIATION: Roman Catholic		SACRAMENTS RECEIVED: Baptism	
SCHOOL: St. Jude High School		CURRENT GRADE: 9	YEAR OF GRADUATION: 2004
L.A.T.: Ms. Mary McKatie			YEAR LEAVING SCHOOL: ?
OTHER TEAM MEMBERS:			

<p style="text-align: center;">STRENGTHS</p> <ul style="list-style-type: none"> - social skills - conversation skills - kind, sympathetic, forgiving 	<p style="text-align: center;">AREAS FOR GROWTH</p> <ul style="list-style-type: none"> - acceptance of new things/ideas - making appropriate behaviour choices - general independence - taking responsibility
<p style="text-align: center;">INTERESTS</p> <ul style="list-style-type: none"> - friends - music - Spice Girls - PAALS, swimming, wheelchair sports - movies - social activities 	<p style="text-align: center;">SIGNIFICANT FACTORS</p> <ul style="list-style-type: none"> - mobility/wheelchair - electric and manual - motor skills - vision (wears glasses) - academics

ASSESSMENT DATA

REPORTS ON FILE	Date
Speech/Language Pathologist	Yes / No May 1998
Psychological Assessment	Yes / No October 1992
Learning Assistance Teacher	Yes / No June 1999
Visual Assessment	Yes / No December 1993
Auditory Assessment	Yes / No
Physical Therapist	Yes / No August 1999
Occupational Therapist	Yes / No
Medical	Yes / No April 1995
M.A.P.	Yes / No April 1999

Curriculum Modification Plans	Semester 1 Periods: 1,2,3 Semester 2 Periods: 1,2,4,5
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Other: Personal Care Request Form

Referrals: Additional P.T. follow-up late September or early October. (Complete Oct./99 - report on file)

Parent/Guardian Signature: _____

Date: September 2000

1. ACADEMIC/COGNITIVE		1	2	3	4	5
- to identify basic shapes						
- to learn sequencing/sorting skills						
- to learn time/space concepts (ie before/after; near/far; first/next; etc.)						
<u>Money Skills</u>						
- to identify coins						
- to learn the value of coins						
- to identify bills						
- to identify which coin/bill is greater/less than						
<u>Time Skills</u>						
- to follow a schedule independently						
- to learn to tell time by the hour/1/2 hour						
- to learn to use a clock as a cue to change activities						
- to memorize important times (ie class change times, lunch time, etc.)						
- to learn days of the week						
- to learn months of the year						
- to learn "today's" date						

2. COMMUNICATION SKILLS DEVELOPMENT		1	2	3	4	5
- to continue to initiate and respond to greetings						
- to develop listening/attending skills						
- to listen to the question and think before responding						
- to expand conversation topics						
- to develop ability to listen to others for comprehension						
- to know when/how to terminate conversations						
- to continue to breathe through the nose while speaking						
- to develop vocabulary						

2. COMMUNICATION SKILLS DEVELOPMENT		1	2	3	4	5
- to continue to use communication appropriately for the varied functional purposes: to control persons or situations, to express greetings, to inform or confirm and to express feelings						
- to learn when and when not to say "I know" rather than using it as an automatic response						

3. PERSONAL MANAGEMENT SKILLS DEVELOPMENT		1	2	3	4	5
- to arrive at class on time; prepared						
- to take initiative in leading personal care routine (ie setting up, requesting assistance, starting when ready, etc.						
- to take off/put on gym shirt, coat, jacket, sweater						
- to organize materials, supplies						
- to cooperate with personal care assistance						
- to improve upper body strength						
- to maintain mobility (especially of left arm, lower back and legs)						
- to improve ability to assist in a standing pivot transfer						
- to strengthen ability to balance herself while sitting						
- to sit up straight						
- to learn how to use "new" electric wheelchair/manual wheelchair						
- to locate classrooms, washrooms, etc.						
- to continue to use the elevator						
- to continue to practice physio-directed exercise program to strengthen legs for transfers, improve posture, and increase range of motion						
- to wear splints consistently						
- to continue to use "helper hand" to assist in turns in manual chair, to maintain balance while standing, etc.						
- to continue to use standing frame						
- to continue to practice long-sitting						

3. PERSONAL MANAGEMENT SKILLS DEVELOPMENT	1	2	3	4	5
- to increase fine motor control					
- to remember to work/listen to instruction with mouth closed and to swallow					
- to choose place to eat					
- to prepare lunch and prepare materials					
- to eat lunch independently and neatly (after containers are opened)					
- to eat foods one at a time, in appropriate order					
- to check appearance; clean up when necessary					
- to eat with mouth closed					
- to clean up eating space when finished					
- to socialize appropriately while eating					
- to continue to transfer in/out of wheelchair with minimal assistance					
- to wash and dry hands independently and within the appropriate time frame					
- to order/purchase lunch independently					
- to use pop machine independently					
- to learn exercise routine as a step toward taking leadership in routine					
- to watch out for others; operate wheelchair safely					
- to learn to stay to the right in hallway					

4. TASK RELATED SKILLS/JOB PERFORMANCE	1	2	3	4	5
- to stay focused on task/lecture					
- to follow one-step directions					
- to follow class routines appropriately					
- to ask for assistance appropriately and at appropriate times					
- to retrieve and return classroom supplies					
- to listen attentively to instructions					
- to increase willingness to try new things					

4. TASK RELATED SKILLS/JOB PERFORMANCE		1	2	3	4	5
- to learn strategies to deal with changes in routine						
- to accept changes to routine						
- to develop keyboarding skills						
- to develop computer skills						
- to show pride in accomplishments						

5. SOCIAL SKILLS DEVELOPMENT		1	2	3	4	5
- to spontaneously greet others in hallway and commons						
- to respond to greetings from others						
- to participate in group activities in integrated setting						
- to participate in classroom discussions						
- to develop turn-taking skills						
- to learn to play computer games						
- to participate in board and card games						
- to participate with peers in spontaneous conversations						

6. LEISURE SKILLS DEVELOPMENT		1	2	3	4	5
- to further develop leisure interests						
- to continue to develop interest in music, books, movies						
- to continue to access public library						
- to continue to take part in physical education classes						
- to continue to develop skills in leisure activities (bowling, pool, swimming, etc.)						
- to continue to participate in school extra-curricular activities (dances, pep rallies, school plays, etc.)						

7. FAITH DEVELOPMENT		1	2	3	4	5
- continue to lead and take part in class prayer						
- continue to listen attentively to morning devotion						
- continue to take part in school liturgies						
- continue to take part in classroom prayer services						
- continue to develop a Christian attitude of love and respect for self and others						

COMMENTS:
