

## LET GO AND LET GOD

February 28<sup>st</sup>, 2005

**LEADER:** In the name of the Father, and of the Son, and of the Holy Spirit. (Invite persons present to pause for a few moments of silent recollection and to offer any special intentions.)

In this, our third week of Lent, we continue our journey toward the celebration of the Resurrection. We may start to falter in our Lenten conviction, yet know that with fasting and prayer, we will truly sense the celebration. This week, let us try to let go and let God, for we are truly not the controllers. It is with Him that we will rejoice.

God, it is so difficult sometimes to let go of my need to control the outcomes in my life, to manipulate situations and exceptions.

**ALL:** My own logic and reasoning want to explore the solutions to everything and spoil anything beyond my plan and my sense of what my destiny should be.

**READER # 1:** I need to be more spontaneous, God, to let go and surrender to the gift of each new day that you give me.

**ALL:** I so desire to be free of the limits of my schedule and calendar, of my short and long-range planning.

**READER # 2:** Fill me with the spontaneous gifts of your grace, your creativity, your sense of humor, and, especially, your wisdom.

**ALL:** Awaken me to the influences of others who are the instruments of your plan for me.

Today, God, I will pay attention to my own will and expectations—may they not imprison me. I will be open to and aware of the many people and events that reveal and illumine new light and new possibilities. I will transform my agenda into the delightful dance of options not considered before.

Help me to be open to your interruptions. Amen.