

### **Counselling Services**

- Provides both academic personal and career counselling
- Counsellors:** Focus on concerns and questions related to school, as well as issues related to life at home, friends, alcohol and drugs, death, suicide, and pregnancy
- School Social Worker:** Assists students experiencing serious personal problems and truancy
- Community Health Nurse:** Available upon request

### **Other Counselling Services:**

- Orientation to new students, especially in Grade 9
- Assistance in planning for post-secondary education
- Information on scholarships and bursaries, including eligibility, application forms and deadline for applications
- Career Development program
- Assistance with the Career Cruising career exploration program as well as the online Be Real Game and Do What you Are, software.
- Services provided in a classroom setting or individually

### **To contact counsellor personnel:**

- Drop by the student services Office from 8:00 to 8:30 a.m., between classes, at noon, after school until 4:00 p.m., or during unscheduled time
- Make an appointment if the staff member is not available immediately
- Make immediate contact in time of crisis